



## **Dimensions Adult Day Program**

Villa Esperanza Services Dimensions Adult Day Program is designed to provide individuals with intellectual and developmental disabilities opportunities to become active members of their community. Individuals learn independence and work-related skills through regularly scheduled volunteer work, community projects and other educational programs.

As a person centered community services program, Dimensions engages participants based on their abilities and interests in experiences, such as:

- Volunteering at the local senior centers
- Attending classes at art centers
- Creation and upkeep of gardens
- Poetry classes
- Yoga classes
- Attending events like LA County Fair
- Computer training
- Job training
- Cultural arts programs

Villa's program is designed to help each person reach their greatest potential in all areas of their life and to be successful in their community.

### **Funding**

Villa Esperanza Services is a non-profit organization with contracted services with regional centers. Private-pay options are also available.

### **Dimensions Adult Day Program**

2060 East Villa Street  
Pasadena, CA 91107

Phone: (626) 449-2919, ext. 141

Fax: (626) 449-2850

### **Dimensions Adult Day Office Hours**

Monday-Friday

9:00 a.m. - 5:00 p.m.

**[info@VillaEsperanzaServices.org](mailto:info@VillaEsperanzaServices.org)**

**[www.VillaEsperanzaServices.org](http://www.VillaEsperanzaServices.org)**