



Independent Living Skills (ILS) Program

Villa Esperanza Services Independent Living Skills (ILS) Program offers ongoing support for intellectually and developmentally disabled adults 18 years and older who can live independently. Adults with developmental disabilities require varying levels of assistance and training. Our experienced ILS instructors visit adults in their homes as needed to teach a full range of skills so they can maintain a self-sustaining, independent living environment in their community.

Villa's ILS Program provides assistance in all areas of daily living including:

- Independent living resources and transitional support
- Home and community safety training
- Budgeting and money management
- Medication management
- Food, nutrition and meal preparation training
- Public transportation resources and travel training
- Medical and dental resources
- Socialization and communication skill-building
- Housekeeping and personal hygiene support
- Referral to supported employment or other programs as needed
- SSI, Medicare and driver license applications

Bilingual instruction is also available.

Villa prides itself on providing individualized services to fit the needs of the person. Our ILS instructors receive Person Centered Thinking training, as well as CPR and first aid training. With experience since 1961, Villa provides the stability, knowledge, and consistency essential to provide excellent services.

Funding

Villa Esperanza Services is a non-profit organization with contracted services with regional centers. Private-pay options are also available.

ILS Program Offices

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Pasadena, CA 91107

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Under One Roof

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ILS Program Office Hours

Monday – Friday
9:00 a.m. – 5:00 p.m.

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