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Villa Esperanza Services Adult Day Care Benefits Families

Villa's Adult Day Care provides respite for caregivers

Pasadena, CALIF – Friday, September 8, 2006 –Villa Esperanza Services offers an Adult Day Program with a health component to meet the needs of families caring for loved ones with Alzheimer's or developmental disabilities. The program, located at Westminster Presbyterian Church, includes nursing supervision, therapeutic exercises, meals and snacks with dietician supervision, and access to physical, occupational, and speech therapy consultation. Program hours are 9:00 a.m. until 3:00 p.m., Monday through Friday, at 1757 North Lake Avenue, Pasadena, CA.

Aging parents with Alzheimer's or dementia or loved ones with special needs cannot often be left home alone during the day while caregivers go to work or school. Villa Esperanza Services Adult Day Program gives families the support they need by offering day care for their loved one. The program provides quality care for those individuals in an engaging and fun setting. "We are happy to provide for our clients a health and fitness room with bikes and workout equipment, a library and a garden area," says Michelle Hussen, Director of Day Programs. "Many of our clients participate in our crafts program making tote bags, pillows and quilts. This type of activity brings out the artist in everyone."

"Many people struggle with covering the cost of day programs but we can help with scholarships and provide information on how to work with insurance companies such as SCAN," states Hussen. The program also announces the sponsorship of an Adult Day Care Food Program under the auspices of the United States Department of Agriculture (USDA), including nutritionally complete lunches and snacks. The meals are available at no separate charge to persons enrolled in the center.

For information about Villa's Adult Day Program please call (626) 398-4435 or visit them online at www.villaesperanzaservices.org. Villa Esperanza Services is in its 46th year serving people with developmental disabilities. Villa was founded in 1961 by a group of mothers who believed their developmentally disabled children deserved quality care and education. Today, Villa provides a range of programs that serve a diverse disabled population of over 1050 individuals in Los Angeles and Ventura Counties, including children and adults with special needs associated with autism, cerebral palsy, Down syndrome and other developmental disabilities, and vulnerable at-risk adults and seniors.

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